

Igor Bondar



Head and heart


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A photo story



“Zolotoye sechenie“
private publishers
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In this life, a man chooses something either *with* his head or *with* his heart. And often these two choices have completely different directions.

Photo by Igor Bondar and Andrey Bizyukin.

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*The head is the centre
of all our thoughts,*



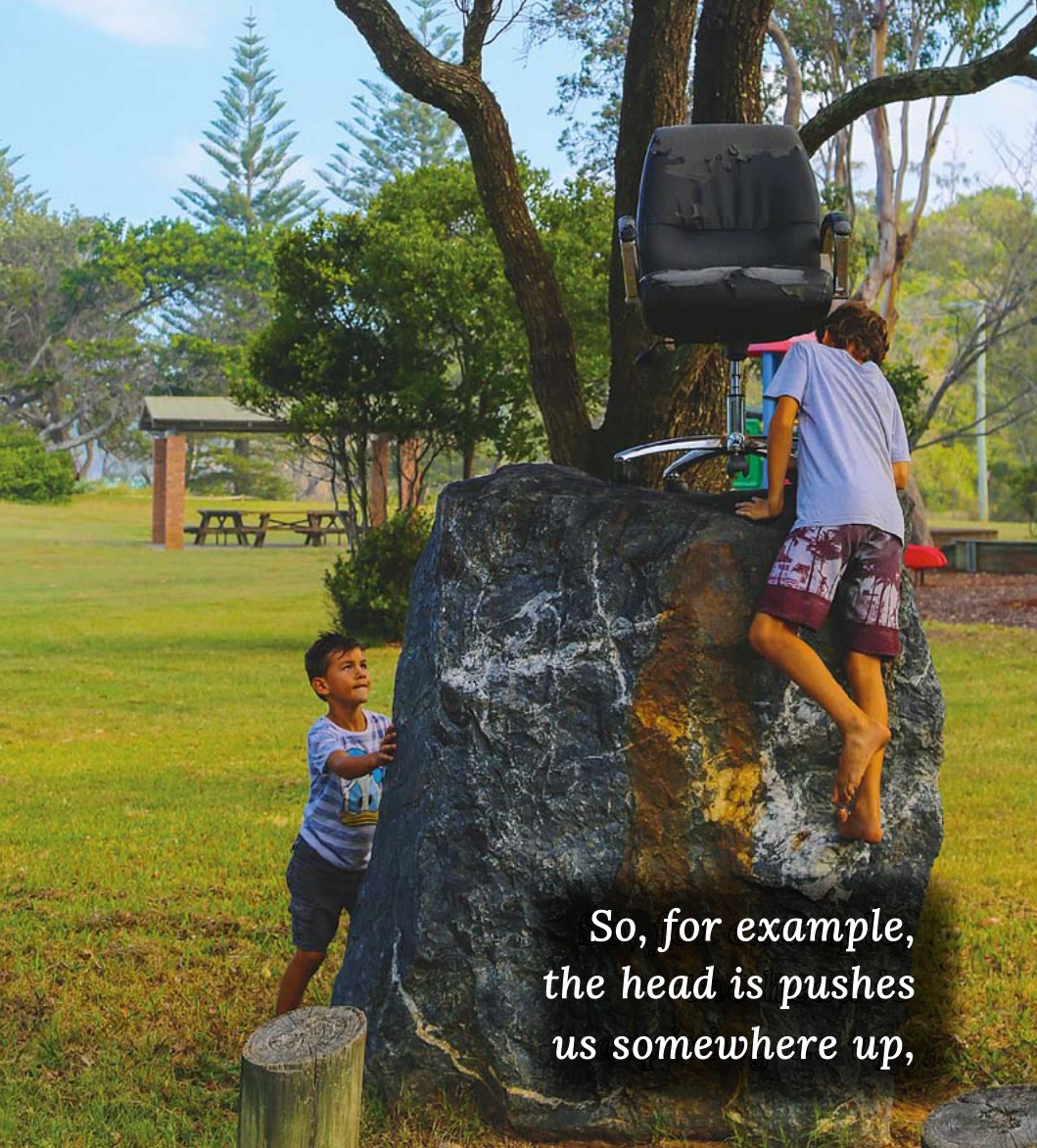
*and the heart is the centre
of all our feelings.*

Every step
we take in our lives
follows either one
or the other.





*Yet it is no secret that what
the head wants is different
from what the heart wants.*



*So, for example,
the head is pushes
us somewhere up,*



*...whereas the heart longs
for a little bit of dreaming.*



*The head calls forward, to
conquer something,*



*...whereas the heart simply
worries about a friend...*



*The head calls for us to
have a career,*



*...whereas the heart, for some reason,
dreams of new friends.*

*The head is seeking for
something extravagant,*





*...whereas the heart just needs
simplicity and humor.*



*The head encourages us
to set new records,*



...whereas the heart just
wants to have a...



*...heart-to-heart talk
with somebody.*



*The head dreams of
delicious food,*



*...whereas for the heart
it is important to feed others.*



The head has a tendency to act,



*...whereas the heart tends
to hope and believe.*

*The human heart
is not big. However,
it conceals within
itself such large things
as the aspiration
for the sublime,*





...and beautiful.



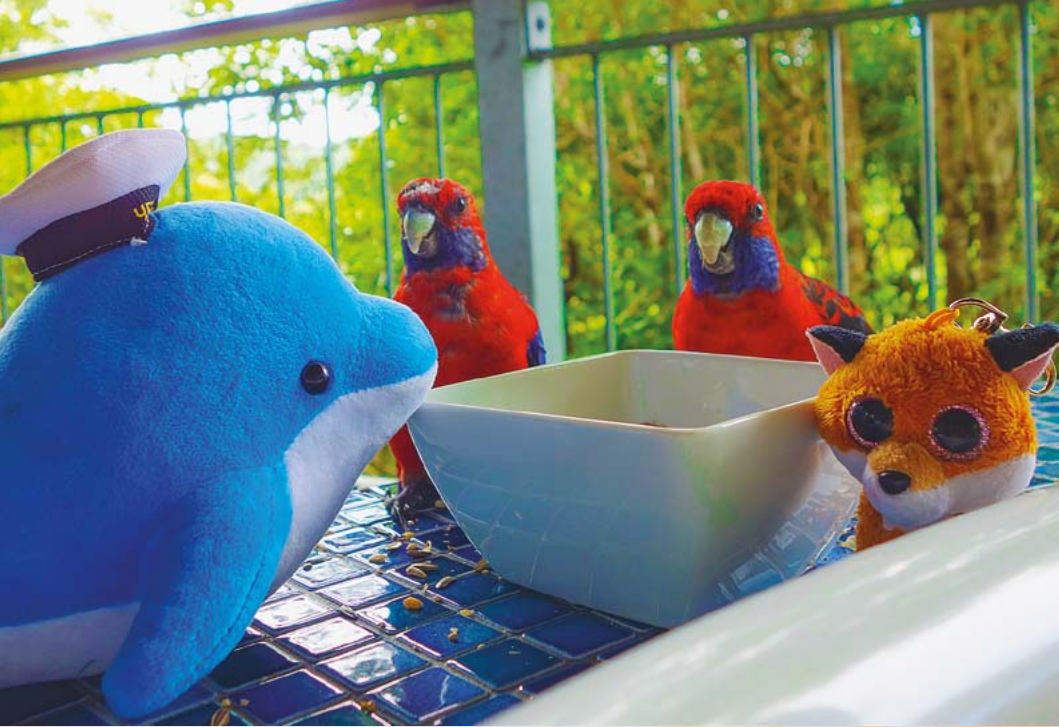
*In the heart
there is care for
friends and relatives,*



... great loyalty and devotion,



...sense of harmony.



*The heart gives us
the joy of friendship,*



...the joy of new meetings,



...the joy of communication.



*Certainly, the head
is very important for our lives.
Especially in the modern
world of high technology.*



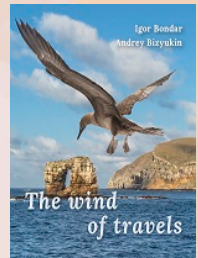
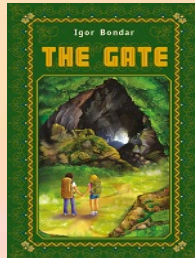
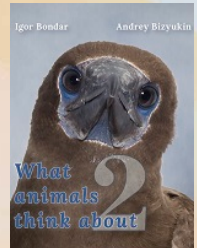
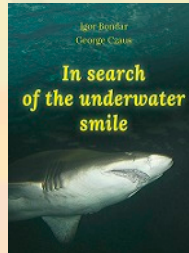
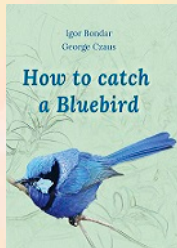
*However, it is always worth
remembering that it is not the head
that fills us with happiness...*

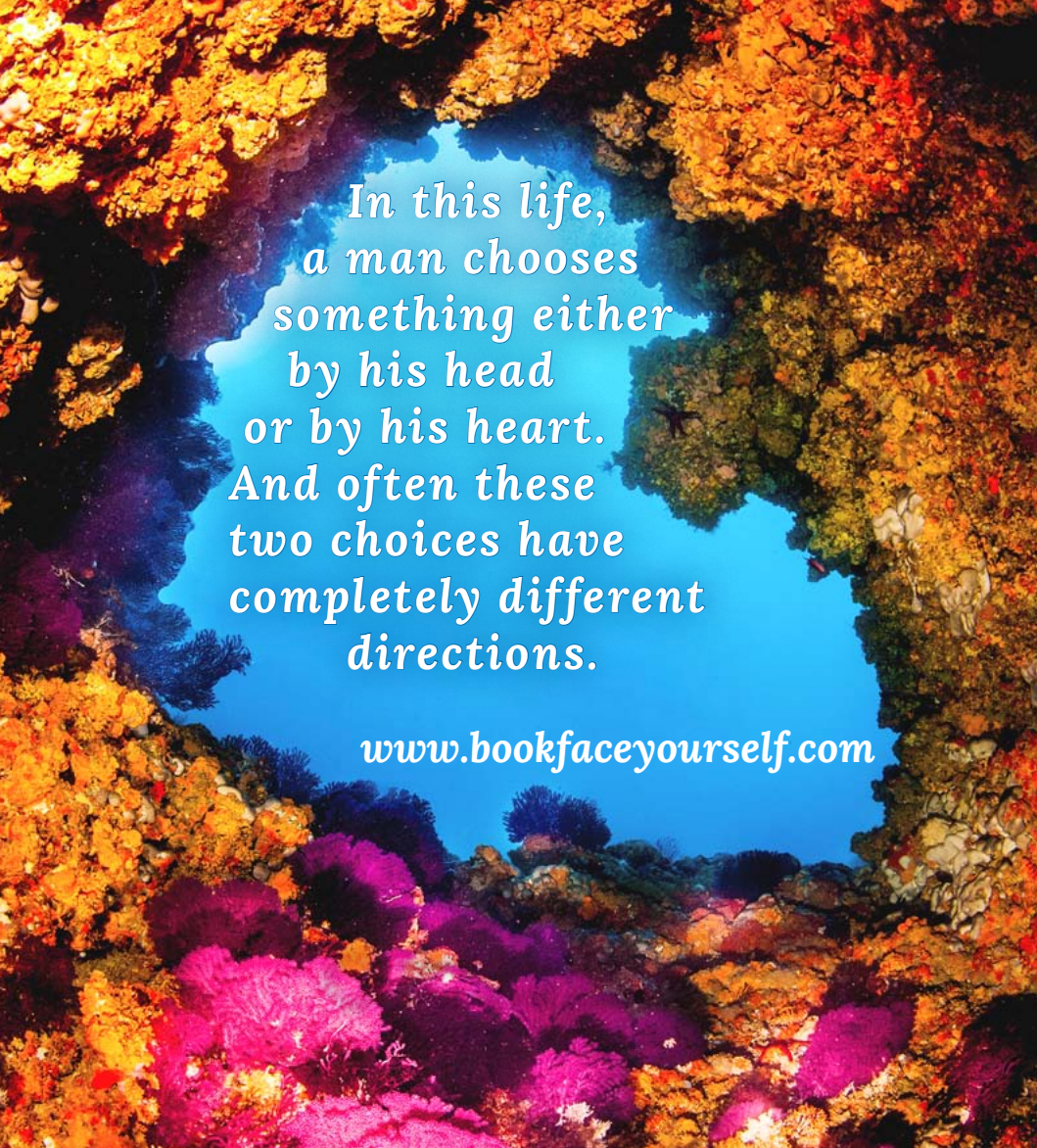
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An underwater photograph of a coral reef. The scene is framed by a circular opening in the reef, looking out into a clear blue sea. The coral around the opening is vibrant, with shades of orange, yellow, and pink. The text is centered within the blue opening.

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